

# *ELDER ABUSE CAN HAPPEN TO ANY OLDER ADULT*



**WOOD BUFFALO  
ELDER ABUSE NETWORK**

- Has someone tried to control your money or forced you to sign papers?
- Has someone made you feel unsafe?
- Has someone taken your medication?
- Has someone taken money or property from you?


## ***IT'S NOT YOUR FAULT***

***IF YOU OR SOMEONE YOU KNOW  
NEEDS HELP OR HAS QUESTIONS  
ABOUT ELDER ABUSE IN THE RMWB:***

For Emergency Assistance


 Call 911

RCMP Complaint Line

 780-788-4040


Waypoints Crisis Line (24 hrs)

Collect Calls Accepted

 780-743-1190

St. Aidan's Society

(Business Hours)

 780-743-4370  
Ext. 2



# ***ELDER ABUSE***

It Happens. We're Here.

***PLEASE CALL. HELP IS AVAILABLE.***

SENIORS

MAY 2018



### ***WHAT IS ELDER ABUSE?***

A single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm and distress to an older person.

### ***TYPES OF ABUSE:***

- Financial
- Emotional/Psychological
- Physical
- Sexual
- Neglect



### ***PREVENTION TIPS:***

- Plan for your future while you are well, healthy and still independent
- Have a Will, Power of Attorney and Personal Directive, and update annually
- Have pension cheque(s) deposited directly to your account
- Use direct debt for all bill payments
- Do not rely solely on your family members for your social life and care
- Stay connected to friends, community programs and family members
- Do not allow adult children to move into your home without careful consideration
- Consult someone you trust and/or a professional before making any financial changes, signing documents, or making any major changes
- Know your rights. You have the right to make choices and receive fair treatment. It's ok to say "No"
- Don't be too proud to ask for help when you need it

